

# Membership Application / Renewal

Membership rates for 2011-2012 effective from 1st July 2011 are as follows:

	1 <sup>st</sup> July 2011 to 30 <sup>th</sup> June 2012
<b>Ordinary</b>	<b>£170</b>
<b>Junior</b> <sup>1</sup>	<b>£80</b>
<b>Full Time Student</b>	<b>£80</b>
<b>Coxing</b>	<b>£15</b>
<b>Country</b>	<b>£50</b>
<b>Life</b>	<b>n/a</b>
<b>Annual Racking</b> <sup>2</sup>	<b>£55</b>
<b>RowStart &amp; new Joiners</b> <sup>3</sup>	<b>Pro-rata</b>

<sup>1</sup> Juniors are under 18 years old.

<sup>2</sup> Licensing of private boats is the responsibility of the owner. All private boats MUST be insured.

<sup>3</sup> A pro-rata amount based on the number of full months from the end of Row Start / start date to the end of June..

<sup>4</sup> A further family discount is available for families – please see the Treasurer for details

Payment methods for subscriptions:

***By bank transfer (preferred method):***

Payments should be made to Barclays Bank, sort code 20-01-96, account number 20892386. Your name should be used as the reference on the transfer, with “11-12” if possible and an email sent to the treasurer direct to confirm payment has been made at **Treasurer.traffordrc@yahoo.co.uk**

***By cheque:***

Cheques should be made payable to Trafford Rowing Club and can either be scanned and sent to the above email address or put in the folder marked Treasurer at the back of the boathouse, or passed directly to your vice- captain.

***By standing order:***

Ordinary, junior and student members may choose to pay by standing order in four quarterly payments of:

Ordinary £45

Juniors £22.50

Students £22.50

Note: special rates are available for the unemployed by request. Discount for prompt payment on certain membership fees paid and received before 1 August 2011 is shown in the table above. Discounts do not apply to payments by standing order.

---

### Sculling Disclaimer - Scullers ONLY

I hereby confirm that I have successfully completed the British Rowing Capsize Drill:

Date Capsize Drill completed: \_\_\_\_\_

Location/Organising entity at which Capsize Drill completed: \_\_\_\_\_

I accept that sculling entails a high risk of capsizing and that I am competent and medically fit to safely follow the British Rowing recommended capsizes drill in the event of the boat capsizing:

Signed \_\_\_\_\_ Date \_\_\_\_\_

If the rowing member is under the age of 18 at the time of signature, a parent or guardian must countersign this disclaimer:

Signed \_\_\_\_\_ Date \_\_\_\_\_ Relationship \_\_\_\_\_



## Safety Considerations for Trafford Rowing Club members

Trafford RC's policy is to comply with the requirements of British Rowing's "RowSafe" programme. These requirements apply at all levels, from club-wide activities, programmes and policies initiated and carried out by the Committee right down to the day-to-day activities of individual members.

This sheet, to be completed by all members taking out or renewing their membership, explains what *individuals* must do, or be aware of, in order to play their part in ensuring that the club enjoys its sport safely.

What you must do or be aware of	□
Review the contents of the safety notice board (back of the boathouse, LH side) at least once a month and be familiar with its contents.	
Ensure that you continue to meet the BR swimming-test requirements: swim 50m in rowing kit; tread water for two minutes; swim 5m under water.	
Know that coxes must always wear a lifejacket, and that there is specific guidance for using them and on what to do when one has been activated.	
Know that TRC safety policy encourages single scullers and all bow rowers to wear a high-visibility top, and that a selection of high-vis waistcoats is available in the boat house where the lifejackets hang.	
Know how to use a throw line; attend training sessions as appropriate.	
Know that TRC safety policy requires all boats used away from our water to be sufficiently buoyant to support their crews even when swamped, and that the club has buoyancy bags which must be fitted to such boats if they do not have in-built sealed compartments.	
If you tow the TRC trailer, know that there is specific trailing guidance which you must comply with each time before you set out.	
Be aware that the handles of the ergos are capable of harbouring infection and transferring it to the next user, and that if you are using a machine it is your responsibility to clean the handle adequately when you have finished.	
Remember that if you are at a summer regatta you may be out-of-doors for longer than usual, and that it is your responsibility to take sensible precautions against sunburn and other effects of hot weather.	
Recall that the water in rivers and canals is often contaminated (and that an Olympic rower died in 2010 of a disease contracted from such water); you should be aware of potential symptoms and not ignore them.	
Be familiar with the two TRC formal publications: the <b>Safety card</b> (which can be found at <a href="http://www.traffordrc.org/uploads/doc/TRC%20Club%20Safety%20Rules%202009.pdf">http://www.traffordrc.org/uploads/doc/TRC%20Club%20Safety%20Rules%202009.pdf</a> ) and the <b>Canal rules</b> ( <a href="http://www.traffordrc.org/uploads/doc/TRC%20Canal%20Rules%202009.pdf">http://www.traffordrc.org/uploads/doc/TRC%20Canal%20Rules%202009.pdf</a> ).	

I have read the above and complied with them

(Signed) ..... Date .....